## MARSH TO BE PRESERVED AS NATURE RESERVE

ONE of the finest examples of marshland in the country, Sawbridgeworth Marshes, is to be preserved as a nature reserve by the Hertfordshire and Middlesex Trust in conjunction with the Essex Trust.

The 22-acre tract of land has

The 22-acre tract of land has been known about as a valuable marsh for many years by botanists, but in the last decade it has been growing derelict.

A few years from now nettles and other weeds would have obliterated most of the rare plant life in the marsh, so the trust stepped in and purchased the land from the Royal Wanstead School Foundation.

Mr J. L. Fielding, of Lower Road, Little Hallingbury, is responsible for organising the management of Sawbridgeworth Marsh.

Marsh.

He explained that two years ago it had been described in a book about fauna and flora in Hertfordshire as being one of the finest examples of its kind.

But the problem was that when farmers stopped using it for grazing cattle the land became detellect. "We thought it extremely necessary to retain the valuable marsh flora and fauna," he said.

he said.

The marsh contains a willow plantation which will have to be recultivated with new willows.

Two very rare types of snail are to be found in the marsh—one of the law places in the British Isles only two places in the British Isles where they have been seen.

only two places in the British Isles where they have been seen.

A local management committee is going to be set up to run the marsh, which will be fenced off in the near future.

"We will need woluntary help," said Mr Fielding. "There is already a working party in Hatfield Forest, but there will be a need for more help."

The actual site known as Sawbridgeworth Marsh runs from the railway line in Sawbridgeworth of Gaston Green. In 1880 a tract of land in the town was referred to as being very rich in fauna and flora, and it has been assumed by the trust that the 22-acre site is the marsh in question.

Marshes are being drained all over the country, because farmers are finding it necessary to use them for agricultural land. The

trust is setting out to preserve a few examples before they all disappear from the area.

"The river area along Spell-brook used to be very attractive, but it has been allowed to run down," added Mr Fielding. "We do not want that to happen over the whole county."

It will not be practical to keep the marsh in order by grazing, so the trust plans to mow it during the year. They are raising an appeal to get the several thousand pounds necessary to restore and run the marsh.

During the winter most of the marsh is underwater and treacherous. So it will be fenced off. But members of the public who wish to visit it will be able to apply to the trust for permission.

The move represents the first time the Herts and Middlesex Trust have joined forces in a scheme of this kind with the Essex Trust. Although only a small part of the marsh is in Essex, that county's trust has agreed to enter into a fifty-fifty partnership.

## SAWBRIDGEWORTH MARSH NATURE RESERVE

by John Fielding

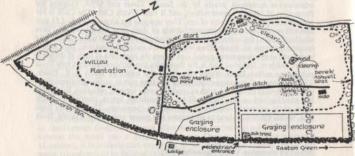
Sawbridgeworth Marsh was purchased in 1979 by the Herts, and Middx. Trust for Nature Conservation from the Royal Wanstead School Foundation which at that time owned the Hyde Hall estate. Hyde Hall being used as a girls' school, the farm lands and marsh being let. The marsh straddled the county boundary, and although the greater part was in Hertfordshire, it was situated on the Essex side of the Rover Stort and it was thought to be a good idea if it was jointly owned with the Essex Trust. The Essex Naturalists' Trust therefore acquired a half share and the first user in estate sets to be Research Scottenhall 1070.

half share and the first working party met on the Reserve in September 1970.

The Reserve consists of three distinct areas (all of which were shown as pasture-land on the 1838 (tithe map) – ten acres of waterlogged marsh, six acres of peaty meadow sloping up from the marsh to the road on the eastern boundary, and a low-lying willow plantation of six acres to the south of these two areas. Much of the marsh is under an inch or two of water for most of the year.

In the winter morth, it is feel by general distriction for the pear.

In the winter months it is fed by springs and flushes emanating from the apper slopes. The western boundary is formed by the channel of the old river stort now a backwater of the Stort Navigation. The 1838 tithe map shows five distinct enclosures; Little Valet Homes and Great Valet Homes where the willow plantation now stands, Round Moors and Rush Mead comprised the meadow area adjacent to the road, and North Mead was the area now occupied by the marsh. The present surface topography of the Reserve shows that extensive drainage operations have been carried out in the past but the internal drainage channels are now mostly silted up.



Sawbridgeworth Marsh Reserve

The willow plantation is the most low-lying part of the Reserve and is regularly The whitow plantation is the most low-lying part of the reserve and is regularly flooded in the winter each time the river overflows, but most of the year it is relatively dry as it is separated from the marsh by a main drainage ditch into the Stort and is not fed by springs. It appears to have been first planted with willows in the 1920's mostly with Salix alpha standards for cricket-bats and Crack Willows (Salix fragilis) which were apparently mostly required for coppice. The Cricket-Bat Willows have now all been felled and sold but the Crack Willows appear to have been coproised once only since planting. Those which have not been rehave been coppied once only since planting. Those which have not been re-coppied or pollarded under Trust management have grown very long, stout poles which due to their weight are causing the stocks to split and open up in the centre. The plant life in the willow plantation is unspectacular being mainly nettles and goosegrass with various grasses and other rank herbs, and a few Marsh Marigolds in the ditch depressions. A few Alders and Birch have been planted since purchase and the stand of suckering Elm which had invaded the

planted since purchase and the stand of suckering Elm which had invaded the eastern part of the plantation has now been largely killed by Dutch Elm disease and felled. It is intended to replant with Cricket-Bat Willow and if the water table is right to dig a large pond in the centre. The main natural history interest of the plantation has been its bird life with most of the common warblers in the summer months and various tits including Willow Tit, and also Long-Tailed Tit which has twice nested near the road. Tree-Creepers are usually present and a Wryneck was seen and heard on 28 July 1971. Insects are plentiful.

The marsh and meadow were known to the author for many years prior to purchase as a large waterlogged peaty field which provided rough grazing for cattle during the summer. It was treacherous and liable to flooding in winter and there were stories of cattle being trapped in its deeper parts. Otters were believed to haunt the area and Lapwing and Snipe were always present during the breeding season. Its flora was thought to be monotonous because of the large stand of sedge and rush, and it was considered less interesting than other similar areas in the Stort valley and elsewhere in the neighbourhood which were then still used for grazing. The most interesting part was a small area on either side areas in the Stort valley and elsewhere in the neighbourhood which were then still used for grazing. The most interesting part was a small area on either side of a former drainage ditch between the sloping meadow and the sedge bed. The flora here was typical of other marshy meadows in the upper Stort valley, but two local rarities, Blunt-Flowered Rush (Juncus subnodulosus) and Fen Bedstraw (Galium ulighnosum) were present in some quantity. There was an interesting zonation of vegetation because of the increasing wetness of the field as it sloped down from dry clay loam at the roadside, through damp peaty soil to deep waterlogged peat, and then to the shallow water of the marsh. This change in soil and water regime produced clear bands of colour through the seasons as grasses gave place to rushes and then sedge and Marsh Marigold was succeeded in turn by Ragged Robin, Yellow Iris, willow-herb, Valerian and Purple Loose-strife.

The marsh was not fully explored until 1962 when it was shown to Dr. J. G. The marsh was not fully explored until 1962 when it was shown to Dr. J. G. Dony after he had begun work on his flora of Hertfordshire. At that time the marsh was still grazed during summer and autumn and as a result the vegetation was stable and rich in species and showed little change in composition from one year to the next. In June and August 1962 Dr. Dony made habitat studies which were later published in his Flora, and these produced a remarkable list of plants, no less than 56 species in a circular area of no more than 5 yards radius. At least 15 of these would today be considered to be rare or uncommon plants in the two counties. Unknown of the execution of grazing not long after. the two counties. Unhappily because of the cessation of grazing not long after-wards, the subsequent treatment by herbicides and dereliction of the area, this is not the situation today. In a similar sized area it would be difficult now to is not the situation today. In a similar sized area it would be difficult now to find half this number of species although most of them can still be found somewhere in the Reserve. Dr. Lloyd-Evans of Ware had accompanied Dr. Dony on his second visit to the marsh and he added two important records, both rare molliuscs – Vertigo moulinsiana a very local mollusc of calcareous fens and marshes, and Oxyloma sarst, the Slender Amber Snail which is found elsewhere in the British Isles only in the Norfolk Broads marshes and in the Lea Valley near Broxbourne.

when cattle grazing ceased, two annual hay crops were taken off the meadow which was later sprayed with herbicide to combat the increase of thistles. Then followed a period of neglect in all but two acres which had been enclosed and let for horse grazing, and the marsh became derelict. Succession proceeded apace and the sedges Carex acutiformis and C. riparia and other rank-growing plants increased greatly and spread up the slope into the meadow at the expense of

the smaller plants which gradually disappeared. Great Hairy Willow-herb colonised large areas of marsh and meadow and Reedmace had arrived and begun to spread. The ungrazed meadow became a jungle 5 to 6 feet high in nettles, thistles, Meadow-Sweet and willow-herb with patches of rushes and coarse sedges in the damper parts, and underneath all a dense mat of dead vegetation. There was little evidence left of the grasses and the great variety of smaller herbs which were recorded by Dr. Dony in 1962. A wide strip along the river bank had become a dense stand of nettles because the River Authority in its wisdom had recently dredged the river and spread the nutrient-rich sludge over a wide area adjacent to the bank.

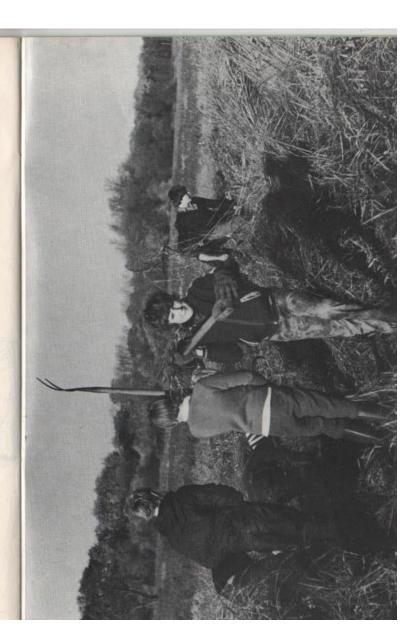
This was the situation when the Reserve was purchased for the modest sum of £1,000. Because of the virtual disappearance of mixed farming and the decline

of £1,000. Because of the virtual disappearance of mixed farming and the decline of stock farming in what was fast becoming an almost completely arable landscape the Reserve offered no attraction for cattle grazing, most of it was too wet for horses, and at the same time many similar areas in the Stort valley were becoming derelict. Even if grazing was possible, the cost of re-fencing the area would have been beyond the Trusts' resources. Other forms of management therefore had oeen beyond the Irusis resources. Other forms of management incretore had to be considered and the only alternatives available were either cutting or burning, or both, to halt the process of succession, to remove the enormous annual crop of dead vegetation and enable the smaller plants to compete and survive. Because of the wetness of the area most of the cutting had to be done by hand and it was clearly impossible to deal with the whole of the 16 acres of meadow and marsh in this way. Selected areas therefore have been managed by cutting, and burning has been carried out in late winter on some of the remainder on a rotational basis when conditions have been favourable. Even so, much has had to be left, and the amount of material that has to be collected, stacked and burned after cutting is tremendous. It is a continual battle to keep the growth of rank vegetation in check, to maintain the pathways and ponds which have been made, to pollard and re-pollard the willows which have invaded the boundary areas, to clean the ditches and waterways, to fight the spread of willow-herb, Reedmace, thistles, nettles and Meadow-Sweet as well as carrying out much needed maintenance of bird hides and nestboxes, etc. and it has never been possible to compete the full preservant function.

needed maintenance of bird hides and nestboxes, etc. and it has never been possible to complete the full programme of work.

However, despite the considerable difficulties, vast improvements have been made, ponds and ditches have been dug, pathways made and many trees and shrubs have been planted to provide much needed shelter along the boundaries. Cowslips and Marsh Marigolds are spreading, Lady's Smock and Ragged Robin are still well in evidence as well as Marsh Orchids, Hemp Agrimony and skullcap, and also some of the rarer plants such as Water Whorl Grass, Marsh Valerian, Marsh Arrow-Grass and Bristle Scirpus can still be found. Each season provides its changing colours, and no less than 220 species of higher plants have been recorded since the reserve was purchased. There are lichens and many mosses. recorded since the reserve was purchased. There are lichens and many mosses, most of the small mammals are resident including Harvest Mice. Foxes are often seen and on one summer evening a vixen and three cubs were observed for some time quite close to a host of young Rabbits which were quietly grazing and apparently undisturbed. Grass Snakes are always present, and lizards, Frogs and Toads are seen occasionally; Kestrels haunt the area, and even Buzzards and Snatrow-Hawks have been observed as well as one averaget. and Sparrow-Hawks have been observed as well as one vagrant Sarus Crane presumably from the Aubrey Buxton Nature Reserve. Water Rail and Snipe are resident throughout the year and regular summer visitors include Cuckoos

A work party from the Turner School, Cheshunt, clears cut debris from the Photograph by John Fielding





and Reed, Sedge, Willow and Grasshopper Warblers. The three woodpeckers regularly visit the Reserve and in winter it has provided a roost for Corn Buntings and a temporary resting place for Meadow Pipit, Stonechat, Whinchat, and Bearded Tits. The mown areas under shallow water and the ditches have provided feeding places for small flocks of Snipe and Jack Snipe in winter as well as Mallard and the occasional Woodcock and other waders. These have also provided fine breeding areas for the spring and autumn blooms of microscopic plants and animals. The Reserve is very rich in insect life which includes at least 4 kinds of dragonfly, many kinds of beetles, most of the common butterflies and many moths including some of the more specialised species such as the Emperor moth, the Small, Fen, Brown-Veined and the Bullrush Wainscots, the Blackneck, Valerian and Slender Pugs. A survey of the macro-lepidoptera is still continuing. A "micro", Nascia citilats, recorded by R. W. J. Uffen and D. J. L. Agassiz was a new record for Hertfordshire.

Recent soil tests have shown that the lower part of the Reserve is situated on a varying depth of blue-grey alluvial clay possibly overlying gravel and with a surface covering of decomposing peat and litter. On the slope of the meadow area the peaty layer is up to 5 feet deep whilst in the marsh the depth of peat and litter is no more than about 8 inches. A sample taken from a layer of peat found beneath the alluvial clay when excavating the Alec Martin pond was found to contain Juniper pollen as well as pollen grains of the Senecio palustris type. Senecio palustris is a fen plant which is now extinct in the British Isles, and the nearest pative Juniper plants today are on Fleam Dyke in Cambridgeshire.

Because of its rich flora and special soil conditions the Reserve area has been scheduled by the Nature Conservancy Council as a Site of Special Scientific Interest. The aims of management are as a first priority to preserve and if possible enhance its rich flora and as a second priority to create and maintain as wide a diversity of habitat as possible to provide suitable conditions for a varied and rich fauna. A further aim is to provide some income for the Trust by making commercial use of the Reserve's natural resources where this does not conflict with the nature conservation interest, for example, by providing grazing areas for horses under strict control, and by planting and selling Cricket-Bat Willows.

Trust members can visit the Reserve at any time, but gumboots are essential and parking is difficult in the road adjacent to the Reserve because it is very narrow and very busy. Dogs should not be taken on the Reserve and visitors are asked to keep the pathways to to avoid trampling the vegetation and disturbing ground-nesting birds.

Management is a year round task and not confined to the winter months,

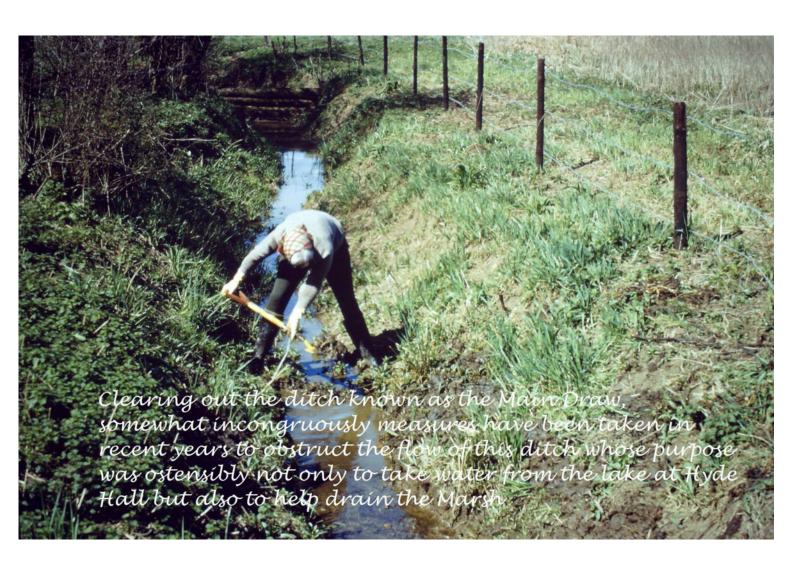
Management is a year round task and not confined to the winter months, and additional helpers for conservation work are always needed. If you would like to help please phone the warden on Bishop's Stortford (0279) 722535.

Reference Dony, J. G. 1967 Flora of Hertfordshire. Hitchin, The Museum. Habitat Study 76 (p. 43) gives a list of plants found in Sawbridgeworth Marsh in 1962.

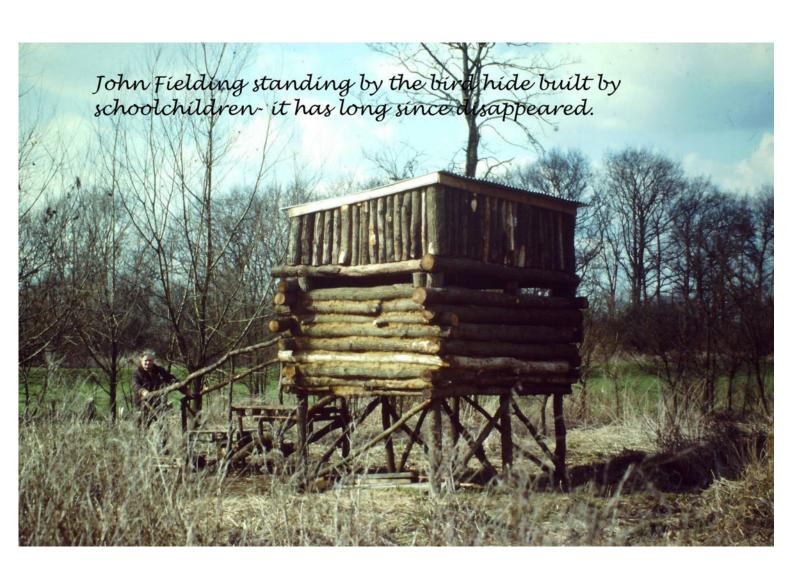
Acknowledgements: R. H. Allen for soil sampling and J. G. Godfree for pollen analysis.

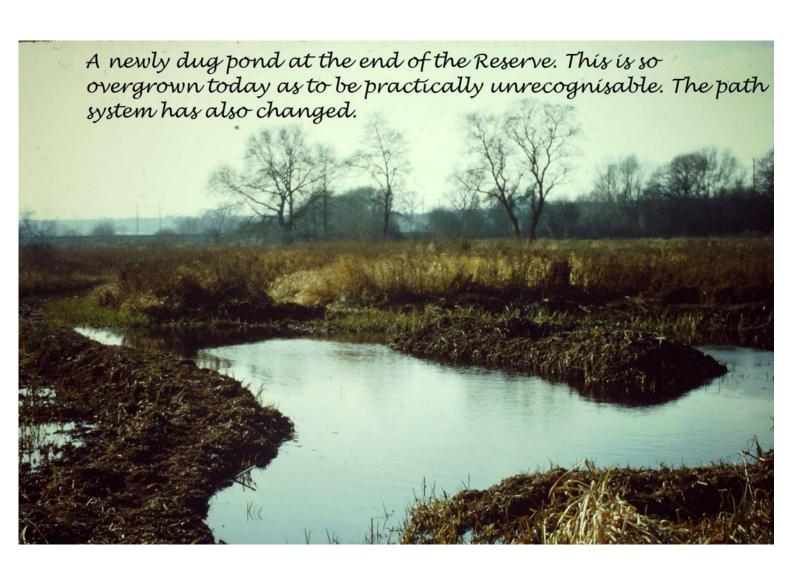
In high summer, shade limits the vegetation growth of brambles, Hogweed and grasses so that edge-of-the-wood plants such as Betony and Nettle-leaved Bellflower among others continue to thrive. Look again in the spring when the sun catches the bank through leafless branches, for signs of a totally different spring woodland flora.

(See article "Roadside Verges" on following page.)

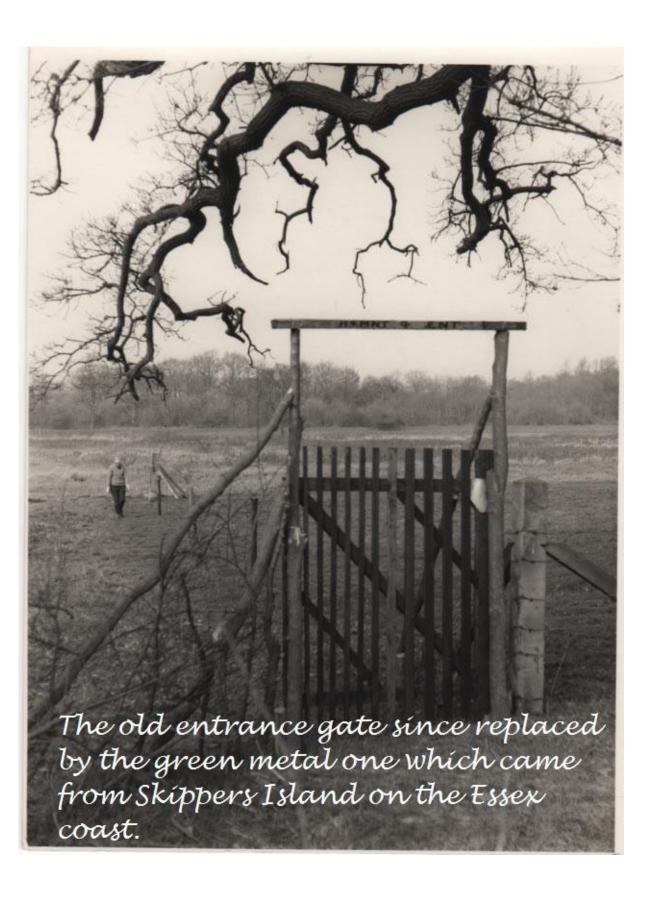












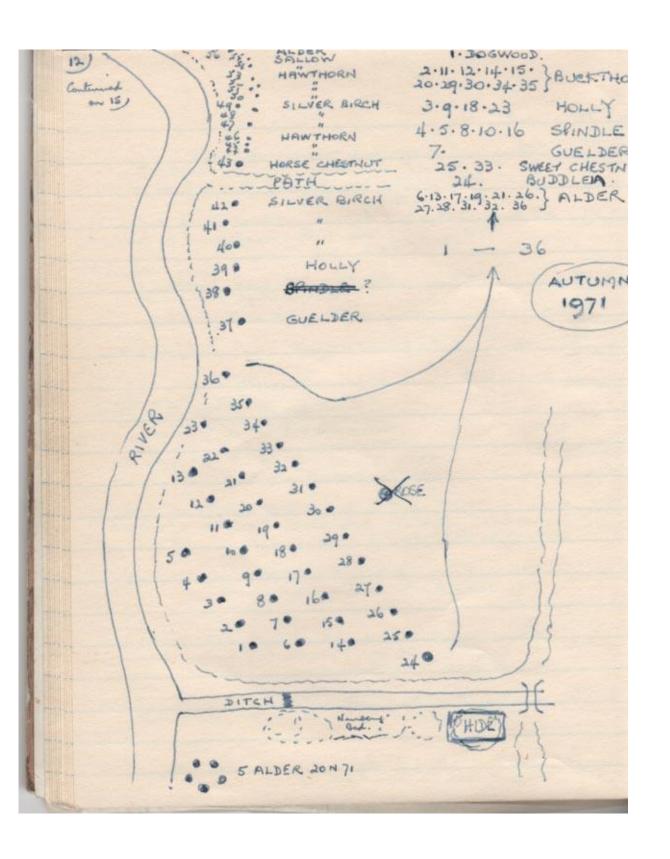
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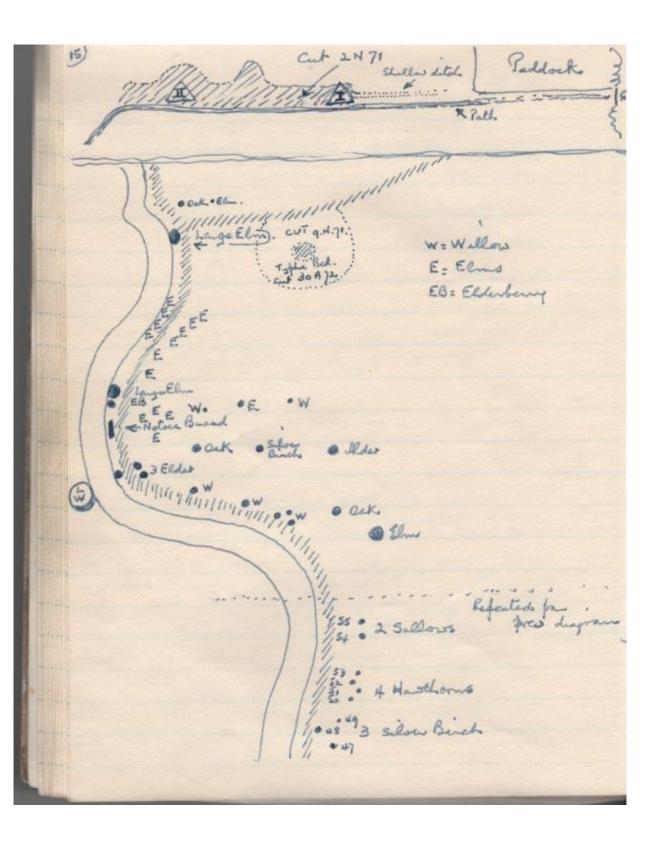
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## MARSH IN DANGER?

EXCAVATION of gravel on a site at Little Hallingbury would almost certainly cause Sawbridgeworth Marsh—a nature reserve well known as the home of rare species—to dry out, it was stated at a public inquiry last

## **NATURALISTS OPPOSE GRAVEL WORKING PLAN**



Inspector Mr Eric Booth (wearing a hat in our picture) gets a little air after three days conducting the Hallingbury inquiry and visits Sawbridgeworth nature reserve. Essex Naturalists' Trust field officer, Mr Brian Watts, is explaining a location on